

# THE GENIUS WITHIN YOU



HOW TO UNLOCK YOUR INNER GENIUS,  
NATURAL ABILITY, AND LIFE PURPOSE

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## **The Greatest Gift**

~ by Stephen Martile

You've got in your hands the greatest gift

You can't feel it or hear it, its' something you can't see  
It's invisible, formless and you got it for free  
It's standard equipment, given at birth  
Will produce massive riches, way beyond this earth

You got it for nothing; it didn't cost you a thing  
But if misused and abused, could cost you everything  
It's the most valuable gift you will ever receive  
It's timeless and boundless; it starts with a seed

It will do any job you give it, just provide a destination  
It works with your feelings so follow your inspiration  
It's the most valuable gift and it's yours for no fee  
It's the genius within you; it's in you and in me

My hope is that this book will provide you with massive insight and help you uncover your inner genius. Just be willing to take a look inside and you'll find it.

To your inspiration,



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This book is about you. It's about finding that inner gem that lights you up and inspires you. It's about discovering your greatest gift and realizing your life purpose.

## **Introduction**

Peter Urs Bender a talented and powerful speaker once said,

*"There is one thing for sure in life; you must do what you are supposed to do."*

I think Peter was right. He understood that everyone is unique, and those people who tap into their unique gifts will find their power. And that power comes through a definite purpose.

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When I was first introduced into personal development, there were these feelings of excitement. I felt like I could be myself, be the 'real me', and this gave me comfort.

*"If I want to be free, I've got to be me; not the me you think I should be." ~ Anonymous*

The one area that I struggled with more than any other was with my purpose. I also believe this area to be one of the most important, which is why I created this book.

## **The Intention of this Book**

The intention of this book is to serve you as a guide; to help you discover your own gifts, talents and inner genius. To help you quickly find answers and define your life purpose.

You see, once you're clear on your life purpose you will begin to notice other changes in your life. When you live on purpose you also:

- Naturally attract the people, resources and opportunities that will serve you in fulfilling your purpose.
- Effortlessly engage a clear vision for yourself and your life.

- Easily make choices that resonate with you and feel good about those choices.
- Feel a sense of guidance and direction in your life.
- Become clear on your natural talents and creative ability.

This book will provide you with access to all of this and more, but you have to do the work. Be open to learn more about who you really are and put it into action.

### **Jumping from One Thing to the Next**

Have you ever noticed that some people seem to jump from one opportunity to the next? One month they're looking at stocks, then real estate and the month after they're looking at the Internet for their 'ticket to freedom'.

When you see them a year later you realize that they haven't moved one inch further from where they were the year before. And they still haven't found their 'ticket to freedom'.

If you keep jumping from one thing to the next then how will you ever make any progress?

Some people do this with their careers. They start out in the corporate world then switch to work in a trade and finally end up working as a government employee. At this point they're still not sure why they're unhappy.

You don't have to take my word for it. Here is what the U.S. Bureau of Labor Statistics is saying,

- College graduates today are told to expect to change jobs seven, eight or even 10 times in their lifetime.
- In 1996, workers between the ages of 18 and 32 held 9.6 jobs - - most of them before the age of 23.
- Only three in 10 workers 25 and older had worked 10 years or longer with their employer in January 2004.
- The median amount of time that wage and salary workers had been with their employer was four years in January 2006.

Could you relate to this? Does this sound like someone you know? Maybe someone you know very intimately?

It makes you wonder, doesn't it? Why are so many people jumping around from one career to the next? Is it a lack of focus? Is it a lack of commitment? Do people not care?

Personally, I don't think it's any of these. I think the problem is much deeper. I believe the problem is much deeper than most of us want to admit.

### **Outer World Mentality**

Now don't get me wrong. Great focus, commitment and care are all great qualities that will make a difference. All these factors play a role in your success. What I'm talking about is quite different.

I believe the problem is that most people make their decisions based on the outer world. In fact, if I had to guess I would say that 95% of the population does this.

Now what the heck do I mean by that?

What I mean is that most people base their decisions on an outer world as opposed to an inner world. They make decisions based on what's outside them as opposed to what's inside.

We're an OUTER-IN society. Most people think and create their world based on outside appearances.

Now why would we do that? Why would we focus on our outer results? Well, it's really quite simple. We focus on our outer results because we were taught to do this when we were very young.

Think back to a time when you were just starting out in school. Think about the first time you got a test back from your teacher. If you were like me, you would remember seeing a bunch of red "X's" on the paper.

In that moment you saw those red "X's" and immediately made a decision about yourself. You decided who you were, what you were capable of doing and what you were going to accomplish for the rest of your life. All of these decisions were made based on your **outer experience** of the world.

You see, the decisions you make about yourself really limit what's possible. You put a lid on your potential – and that my friend is the problem.

I'm here to show you how to take the lid off. Would you be interested in that? If so, keep reading.

Now onto a very important question...

### **Who are you?**

Who are you. Really?

Do you know who you really are? It's not something we think about, but really give that question some thought.

In December 2006 I met Lori-Ann Jackel who at the time was the editor in chief of Confidence Bound Magazine. We had never met before. During this time I was still trying to figure out what I wanted to do in life.

During my meeting with Lori-Ann I shared my experience from a personal growth camp. She loved my story and asked me to write an article for her magazine.

Before this I hadn't written much at all. Actually, I hated writing and was terrible at it. I studied and practiced as an engineer for years. I was a math and science guy for the most part. If you don't believe me, just ask my mom 😊

Just to be sure, I asked my mom to proof read the article before I sent it to the editor. After reading it, she said,

“When did you learn how to write? You were never any good at writing before.” ~ Mom

The article was published in Confidence Bound Magazine in 2007. You can read the article [here](#).

You see most of us don't know ourselves. We don't know our true power, our true genius. We base a lot of our activities and actions on our identity – the person **who we think we are**. And I'm here

to tell you that there is a massive difference between whom you think you are and who you really are.

If you want to take the lid off of your results, then you need to know who you really are. So let's go back to my original question,

Who are you, really?

If you really want to know, then try this on. As you're reading this listen for that voice inside your head. You know the one. Just pay attention to the voice and notice it speaking. Can you hear it?

Now ask yourself this question, are you the speaker or the listener?

Think about that one.

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The answer is you're both. The speaker is mind and the listener is spirit. You see we've been trained to ignore the inner world. We've been trained to work with the physical and completely ignore the mind and spirit.

You've got to realize that you're all three: mind, body and spirit. Once you get all three areas firing in the same direction you'll be unstoppable.

Instead most of us work from the OUTSIDE-IN, thinking we've got it all figured out. My question is this: How well has that been working for you?

You see you've got an inner world and an outer world. You've got to pay attention to both.

You can't create effectively without observing your inner world. There is plenty of magic inside, you just have to go in and use it.

The word Educate comes from the Latin word "Educa", which means to draw out from within. And that is exactly what I'm talking about. Start to spend some time within yourself and get to know yourself.

"Know thyself." ~ Socrates

You see, you're mind, body and spirit. And spirit wants to express who you really are. That's the only real reason you're here. You're here to share the very essence of who you are in some form of outward expression. And that essence comes from your very core – your spirit. This is your greatest gift.

To develop this gift, you must also develop your awareness.

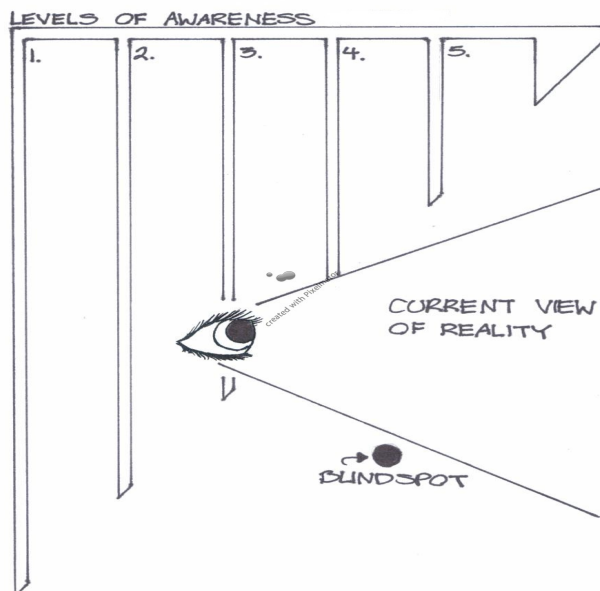
### Develop Awareness

*"The mind is like an elastic band; once stretched by a new idea, it never regains its original dimension."* ~ Oliver Wendell Holmes

Let's go back to what I was saying earlier about decisions. You see, the decisions you make about yourself really limit what's possible. They put a lid on your potential.

In some cases these decisions were made such a long time ago, you forgot that YOU made them. And these decisions or thought patterns are camouflaging your true gifts. This camouflage is what I call a blind spot. Awareness gives you access to true power because it uncovers a blind spot.

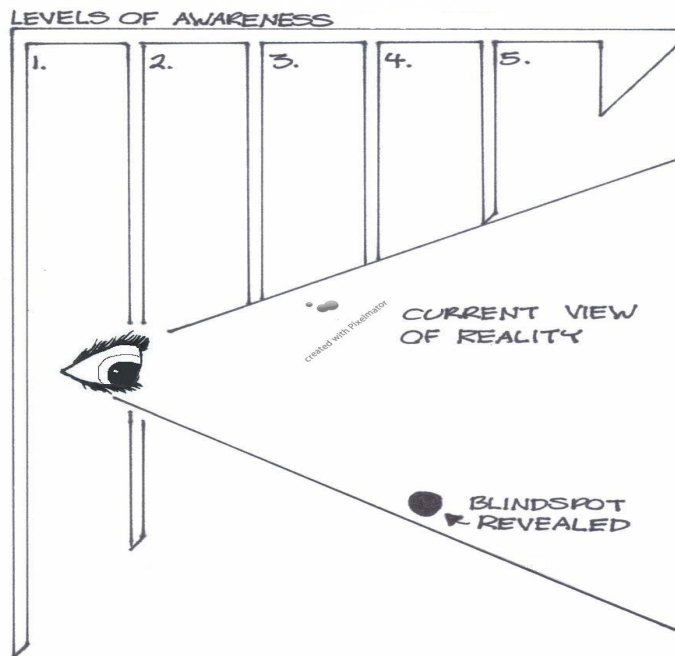
Your current reality may look something like this,



That little dot outside your field of vision is something you don't know about yourself. It was writing, teaching and coaching for me.

It could be singing, painting, leading, training or anything else for you. It's your blind spot.

There is some good news here. You can uncover this blind spot by increasing your awareness. Awareness increases as you move to the left.



An increase in awareness will help you recognize yourself. It will unlock those special talents you've kept hidden for so long.

The way to increase your awareness is to begin to think and ask yourself some important questions. Here are some to consider,

1. When you were younger, who did you want to be?
2. What activities got you excited?
3. What came naturally to you?
4. What did you love to do?

### **Natural Ability**

You've got this natural ability within you! It is effortless, easy and fun because you love to do it. It's what you love to do.

I love to teach, motivate and inspire others. My vehicle for doing this is writing, one-to-one coaching, and teaching. I love to do

these things because it's easy, fun and comes the most natural to me.

My natural ability is to be able to teach and explain complex ideas in a simple way that anyone can understand. It's also to be straight with people when I communicate.

Dan Sullivan, the founder and creator of the Strategic Coach points out that most entrepreneurs start out in a business with their unique or natural ability. Then as time goes by they tend to move towards other areas of the business that need attention but don't bring them any passion. This is fatal to any business.

*"If you're not in love with what you do, then don't do it"*  
~ Jennifer Randive

Your genius, power and creative juice is hidden in your natural ability. When you ignite these gifts, you will experience passion and power from everything you do.

Natural Ability is:

*– An act of creative contribution that ignites you. It is easy, effortless, fun and produces the greatest good to those around you.*

I believe we've all been put here to serve and contribute to others. I figure if we're going to contribute anyways, we might as well make it easy, effortless and fun. We do this by using our natural ability.

*"The only way to get what you really want, is to know what you really want. And the only way to know what you really want, is to know yourself. And the only way to know yourself, is to be yourself. And the only way to be yourself is to listen to your heart."* ~ The Universe, TUT

Your expression, your power and special talents all come as a result of expressing yourself through your natural ability. It's what you love to do. Here are some questions to consider,

### Questions on Natural Ability

5. What are some of your current hobbies?
6. What do you do for fun?
7. What comes easily to you?
8. What are you naturally skilled at?
9. What do others think you are naturally skilled at?
10. If you had to teach something, what would you teach?

### **Internal Guidance System**

As I was saying earlier, most people direct their life by their outer circumstances; the outer world. We were taught to do this from when we were very young and it's been the cause of a lot of pain and suffering for the masses.

The real truth is that your essence comes from within you. It comes from source. It comes from your feelings.

Think of your feelings as a compass to guide and direct you. If you have good feelings that are not being expressed then you're not following your compass.

On the other hand when you're following your good feelings, you're in sync with your inner compass. Your feelings are there to provide guidance for you so that you can express and be who you really are. Denying those feelings is the fastest way to create inner civil war.

"I feel there are two people inside me - me and my intuition. If I go against her, she'll screw me every time, and if I follow her, we get along quite nicely." ~ Kim Basinger

Your feelings are a compass to your life direction. When you feel good you're following your inner compass.

Your feelings are there to provide guidance for you so that you can express who you really are. The only real way to know if you're on purpose or not is by following your feelings.

*"Pay attention to your feelings. The path to discovering why you are here is through your feelings." ~ Oprah Winfrey*



You want to feel really good about what you're doing. You want to contribute in a way that really ignites you! You do this by following in love with what you do. You know when you're living on purpose when you're in love.

### ***Purpose Statement***

Finding your inner genius is really about recognizing who you already are and to begin applying the principles I've already described. Here they are in summary again,

- Lead your life from with-in
- *Become aware of your natural ability and put it into action*
- *Use your inner compass to direct your life*

Napoleon Hill and Andrew Carnegie taught what they believed to be the two most important principles to become a massive success. One of those principles was to "have a major definite purpose".

Your purpose statement ties everything together. Follow these four steps to create your purpose statement.

1. Your purpose is an action. It's something you DO. Write down 5 verbs that resonate or excite you. (\*see action words below)
2. Who do you serve or assist? Some examples include: others, people, teens, seniors, doctors, engineers, singers etc.

3. What is the intention or benefit of your action? Some examples include: create wellness, inspire, living in their higher selves, serving others, coaching, teaching etc.
4. Bring all 3 together into a written statement. For example, my purpose statement is:
  - My purpose is to teach and inspire others to love and live life by following their hearts desires. ~ Stephen Martile

Here are some other examples,

- To inspire and empower people to achieve their destiny. ~ *Robert Allen*
- To uplift humanity's consciousness through business. ~D.C. Cordova
- To educate and inspire people to live in their highest self based in courage, purpose, joy, versus fear, need and obligation. ~ *T. Harv Eker*

There are many ways to define your life purpose. I learned this method from T. Harv Eker, CEO of Peak Potentials Training & creator of the Millionaire Mind Intensive.

\*Action words and verbs to describe the 'doing', i.e. Accomplish, advance, advise, appreciate, coach, communicate, compose, create, direct, dream, embrace, educate, empower, encourage, explore, entertain, further, generate, guide, improve, inspire, lead, learn, love, manifest, motivate, nurture, organize, prepare, provide, release, speak, teach, write, etc.

### **What GAME are you playing?**

Imagine playing a game of chess without any rules. Imagine moving pieces aimlessly on the board without a purpose or a reason; without knowing why you were playing.

Doesn't sound like much fun, does it?

The thing is that most of us are doing this right now. We move in and out of life aimlessly without any direction or purpose; without knowing why we're doing what we're doing!

Why would we play a game like that?

Instead, imagine a different picture. Imagine playing a game where every move, every action and every decision you make is driven by a pure intention – your WHY, your life purpose.

Imagine the simplicity and beauty of this new world. Every moment, every opportunity and every circumstance is a part of your creation.

In this new game, your life becomes a game of pure intention. You think, speak and act from this intention and you create your life from this intention.

In this new world you're playing the game and you know WHY you're playing. You know how to win.

Having a purpose is like that. When you have purpose in life you begin to live your life on purpose. It becomes a game that adds more meaning to your life. And with more meaning comes more purpose.

We're human beings and we instinctively drive our actions with the WHY. Playing a game and knowing WHY you're playing makes the game a lot more fun. Besides, if you're not going to play, then why are you really here?

## ABOUT the Author



Stephen Martile is the founder and creator of Freedom Education. His passion and love for personal development has inspired the creation of Freedom Education to increase human awareness across the globe.

Steve's passion lies in his **purpose**: to teach and inspire others to love and live life by following their hearts desires.

Steve's **vision** is to increase human awareness and prosperity globally so others can enjoy the freedom of choice. You can read more of Steve's articles here: <http://www.freedomeducation.ca>

*"T. Harv Eker, CEO of Peak Potentials Training teaches a life-altering course called Life Directions. I've taken this course and highly recommend it." ~ Stephen Martile*

### **Life Directions Intensive Discover Your Personal Mission and Create a Successful Vision**

#### **3-Day Intensive**

Do you ever feel that you could do anything - if you just knew what it was? Nothing is worse than not having a clear direction. Without a clear direction, you are either paralyzed or busy running around in circles. Each of us is unique and different. Each of us has something special to offer the world. Each of us has our own natural gifts and talents.

To truly be happy, we must use our gifts to add value to the lives of others. However, it is also important to be financially successful. To be happy, you need money and meaning. The objective of Life

Directions is to help you create a vehicle that expresses who you are and why you are here in a way that is successful in the real world.

The course includes:

- \* Discovering your own life purpose and your personal life mission.
- \* How to absolutely know your true passion.
- \* How a mid-life 'crisis' is really a mid-life 'calling'.
- \* How to make decisions that align your head and your heart.
- \* How to find a business or career that expresses your gifts and allows you to create wealth.
- \* A step-by-step blueprint for making your vision a reality.

By the end of this program you will re-ignite your passion for living. You will know your true purpose and mission in life. You will find a business or career vehicle that expresses your special gifts. You will know exactly how to make this vehicle financially successful.

You will have an immediate and long-term action plan. You will own the skill to fine-tune, revise or even change your life direction anytime you desire, for the rest of your life!

Einstein said it best, "A life without cause is a life without effect." If you are sick and tired of 'searching' and want to start 'finding', this course will change your life!

*"Another absolutely outstanding Peak Potentials program! I received tools and experience to manifest my vision in the real world and achieved a level of clarity regarding my life's mission that I never had before now." - Patricia Wiltz*

\*Life Directions is considered a foundation course for everyone regardless of when you take it.

For Special Tuitions and Family Member Discounts, contact us or call 1-888-868-8883. In order to be eligible for discounts, use reference #391550 when you register.



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